



## Clothing and Footwear

### Quality Area 2: Children's Health and Safety

#### Relevant Legislation

Education and Care Services National Regulations 2011

National Quality Standard for Early Childhood Education and Care: Element 1.1, 1.1.1, 1.1.3, 1.2, 1.2.2, 1.2.3, 2.1, 2.1.3, 2.2, 2.2.2

#### Aim / Rationale

Children need to be suitably dressed for indoor and outdoor activities and conditions. They need to feel comfortable and be safely and appropriately dressed for all activities, seasons, and weather conditions

#### Policy Goals

Children to be able to dress and undress independently. Staff will encourage parents and guardians to dress their child in clothes that allows the child to practice and develop their self-help skills.

## Strategies: What will we do?

### Consideration should be given to clothes that enable self-help skills:

- ✧ Easy to get on and off (particularly for toileting).
- ✧ Shoes which are supportive, non-slip and fasten with velcro rather than laces or buckles.
- ✧ Avoid overalls, difficult buttons, buckles and braces.
- ✧ Clothes that provide sun protection for outdoor play:
  - Long sleeved shirts
  - Longer shorts and skirts
  - Sunsafe hats such as wide brimmed, legionnaire or bucket hats
- ✧ Clothes that are easy care and washable suitable for messy play.

As children may be very active while attending the Pre-School parents are encouraged to:

- ✧ Avoid clothes which may restrict movement, get tangled, or cause tripping during play.
- ✧ Avoid clothes which are too small or large as they will restrict movement.
- ✧ No thongs, crocs, open toed sandals, backless shoes, shoes with high heels and slippers which may be dangerous for activities such as climbing and running.

Children should wear well fitting, safe, comfortable footwear which allows them to run, jump and climb.

In the warmer weather, children should be encouraged to wear closed toe sandals with a broad heel base for increased stability. The children are permitted to take off their shoes to play in the sandpit **only**.

In the colder weather children should wear closed footwear such as boots or sneakers. Leather shoes are preferable because they are durable and can breathe, and resist moisture.

Parents are encouraged to provide spare clothes, including underwear, for children when attending the Pre-School. A warm jumper or jacket should be included during the winter months as it is a practice at the Pre-School to eat our lunch outside all year round.

***All clothes should be clearly labelled to reduce the risk of your child's clothing getting lost.***

**Links to other Policies**

Enrolment  
Workplace Health & Safety

Policy Reviewed	Modifications	Next Review Date
2006	Developed	2008
October 2013	Reviewed	2015 or when procedure, practice or legislation changes