



Hand Washing

Quality Area 2: Children's Health and Safety

Relevant Legislation

Children (Education and Care Services National Law Application) ACT 2010
Education and Care Services National Regulations 2011
National Quality Standard for Early Childhood Education and Care: Element: 1.2.1, 2.1.1, 2.1.2, 2.1.3

Aim / Rationale

Frequent hand washing and effective hand drying are the most effective way of preventing the spread of disease.

Policy Goals

Designated hand basins are to be kept for hand washing only and should not be used for food and drink preparation or other cleaning tasks. At Yass Montessori Pre-School staff, children and all visitors must wash hands:

- ✧ On arrival at the centre use hand sanitiser in the foyer (parents and children)
- ✧ Children to wash hands after unpacking their lunch
- ✧ Before and after eating or handling food
- ✧ Before preparing or cooking food
- ✧ Before and after toileting yourself or a child
- ✧ Before and after changing a nappy/pullup
- ✧ After cleaning up or any contact with urine, faeces, vomit, blood or other body fluids
- ✧ Before and after giving first aid
- ✧ Before and after giving medication
- ✧ After wiping a nose, yours, or a child's
- ✧ After playing outside
- ✧ After patting or touching animals

Strategies: What will we do?

Posters promoting correct hand washing procedures are placed in prominent positions above each hand basin. Hand sanitiser is made available in the Pre-School foyer. Method for hand washing:

- ✧ Use liquid soap and running water
- ✧ Rub hands vigorously while singing a rhyme (for 20 seconds)
- ✧ Wash hands all over including backs of hands, wrists, between the fingers, and under the fingernails
- ✧ Rinse hands while wet repeat singing rhyme (for 20 seconds)
- ✧ Press hands with an individual hand towel to dry

Procedures and Forms

Enrolment
Family Handbook

Links to other Policies

Enrolment

Sources and Reference

Saying Healthy Preventing infectious diseases in early childhood education and care services, 5th edition

Policy Reviewed	Modifications	Next Review Date
2013	Developed	2015
March 2017	Reviewed	2020 or when procedure, practice or legislation changes